



# Families Moving Forward Foundations

## *Family Eligibility Criteria*

To deliver the FMF Foundations Intervention independently, you must complete both FMF Specialist Training and follow-up FMF Intervention Fidelity (IF) Training. FMF IF Training requires you to have at least two client families eligible to receive the FMF Foundations intervention. FMF Client families should meet the following criteria. By signing below, you acknowledge these requirements.

### CHILD

#### Inclusion Criteria

1. Age at time of intervention is 3- 13 years. Older youth can be considered if functionally at 13-year developmental level or younger.
2. Clinically significant externalizing behavior problems
3. FASD diagnosis or confirmed PAE through caregiver confirmation or FASD assessment

**Note:** Suspected PAE may be considered if reliable informant expresses strong suspicion of PAE, even without direct observation of alcohol intake during pregnancy. In these cases, the logic model may not hold as this clinical population has not received the intervention in an empirical study. However, in real world implementation multiple agencies have extended the FMF Program to these youth in the interest of equity and based on anecdotal observation of feasibility and utility. This is a topic that that may be discussed in implementation support calls.

#### Exclusion Criteria

1. Child has a diagnosis that may be better resolved by more intensive interventions or acute care. Examples include active psychoses and suicidality.
2. Exhibiting severe externalizing behavior problems that may put caregivers and/or therapists in harm's way. Please refer to the appropriate safety measures protocol.

### Caregiver

#### Inclusion Criteria

1. Caregiver willingness to participate in FMF Foundations.
2. Caregiver completing FMF must have cared for the child for at least 4 months full-time, or part time with overnights. Preferably the caregiver has been caring for the child at least 1 year.
3. One caregiver commits to completing 90-min telehealth or in-person sessions every other week.
4. Caregiver literacy level 2<sup>nd</sup> grade. The intervention may be extended if literacy level is lower.

#### Exclusion Criteria

1. Caregiver is actively using any substances that regularly impact activities of daily living or caring for the child
2. Assess the impact of major caregiver caregiver life events at the time of initiating treatment and the ability to complete the program: Examples include significant/urgent medical issues, loss of job with financial instability, death in the family, serving as primary caregiver to other family member in critical condition.

## FMF Trainee Support for Finding FMF Eligible Families

The Families Moving Forward Foundations aims to create behavioral support plans with families so that they can experience success from the get-go. The intervention works best with children who exhibit *externalizing behaviors* such as tantrums, oppositional behavior, aggression, yelling, fighting etc. It is best if you can identify externalizing behaviors that are *frequently occurring* and *easy to define*.

### Connect with the FASD Community

- FASD United will connect with you during your FMF Specialist Training
- Contact your local FASD United Affiliate (or start your own!): <https://nofasaffiliatenetwork.org/>
- Contact the FASD Collaborative: <https://www.fasdcollaborative.com/>

### Connect to your Community!

Let the following places in your state know you are being trained in the Families Moving Forward Program:

- Pediatricians in your area that are who are providing diagnoses (search the American pediatrics site to see which pediatricians in your state offer FAS or FASD diagnosis)
- Developmental diagnostic clinics
- Your state department of health - office managing disability service
- Local school districts
- Foster care organizations and adoption agencies
- Your local chapter of The Arc: <https://thearc.org/find-a-chapter/>
- Contact foster care organizations or adoption agencies