

## FMF FAMILY ELIGIBILITY CRITERIA

To deliver the FMF Intervention independently, you must complete both FMF Specialist Training and follow-up FMF Intervention Fidelity (IF) Training. FMF IF Training requires you to have at least two client families eligible to receive the FMF Program intervention. FMF Client families should meet these criteria.

### CHILD

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#### Inclusion Criteria

1. Age at time of intervention is 3- 13 years. Older youth can be considered if functionally at 13-year developmental level or younger.
2. Clinically significant externalizing behavior problems
3. FASD diagnosis or confirmed PAE through caregiver confirmation or FASD assessment

**Note:** Suspected PAE may be considered if reliable informant expresses strong suspicion of PAE, even without direct observation of alcohol intake during pregnancy. In these cases, the logic model may not hold as this clinical population has not received the intervention in an empirical study. However, in real world implementation multiple agencies have extended the FMF Program to these youth in the interest of equity and based on anecdotal observation of feasibility and utility. This is a topic that that may be discussed in implementation support calls.

#### Exclusion Criteria

1. Child has a diagnosis that may be better resolved by more intensive interventions or acute care (E.g., Active psychoses and suicidality)
2. Exhibiting severe externalizing behavior problems that may put caregivers and therapists in harm's way. Please refer to the appropriate safety measures protocol.

### CAREGIVER

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#### Inclusion Criteria

1. Caregiver willingness to participate in FMF
2. Caregiver completing FMF must have cared for the child for at least 4 months full-time, or part time with overnights. Preferably the caregiver has been caring for the child at least 1 year.
3. One caregiver commits to completing telehealth or in-person sessions with the FMF Version being used.
4. Caregiver literacy level 2<sup>nd</sup> grade. The intervention may be extended if literacy level is lower.

#### Exclusion Criteria

1. Caregiver is actively using any substances that regularly impact activities of daily living or caring for the child
2. Assess the impact of major caregiver life events at the time of initiating treatment and the ability to complete the program: Examples include requiring significant medical attention, loss of job leading to financial instability, death in the family, serving as primary caregiver to other family member who is in critical condition.

## FMF Trainee Support for Finding FMF Eligible Families

The Families Moving Forward Program aims to create behavioral support plans with families so that they can experience success from the get-go. The intervention works best with children who exhibit *externalizing behaviors* such as tantrums, oppositional behavior, aggression, yelling, fighting etc. It is best if you can identify externalizing behaviors that are *frequently occurring* and *easy to define*.

- ✓ Open to any kind of family (e.g. foster, adopt, bio, kinship)
- ✓ Trauma-informed
- ✓ Aware of cultural humility
- ✓ Offered in Spanish
- ✓ Offered in person or telehealth

### **Connect to your Community!**

- Let people know you are being trained in the Families Moving Forward Program
- Connect with diagnostic areas
- Connect with pediatricians in your area that are who are providing diagnoses if you don't know go to the American pediatrics site. Search to see which pediatricians in your state offer FAS or FASD diagnosis.
- Connect to your state or regions diagnostic clinics. Let them know you are offering services for this particular intervention
- Connect with ARC (the Association ) information and support to individuals and their families
- Connect your local school districts to let them know you provide services to families with children with this diagnosis
- DHS in your state department of health – office managing disability service
- Contact foster care organizations or adoption agencies

Your intervention fidelity trainer will be in contact with you. Talk to your intervention fidelity trainer if you are having difficulty finding two families for FMF Intervention Fidelity Training.